

YOUTH CENTRE DOMŽALE

INFOPACK

**TURNING TIME
INTO HAPPINES**

23. - 29. 9. 2024

Domžale, Dob, Slovenia



Co-funded by
the European Union



MEET THE ORGANIZERS

This youth exchange will be organized by the Youth Centre Domžale, a public institute established and funded by the municipality of Domžale. Our primary objectives include providing support for youth, offering opportunities for them to wisely utilize their free time, and encouraging active involvement in society at local, national, and international levels. To accomplish these goals, we conduct various activities either independently or in collaboration with other Slovenian and international organizations.

You can find us on the following social media platforms:

Facebook: @czm.domzale

Instagram: czm_domzale

Email: info@czm-domzale.si

Project Coordinator: Tamara Selko
tamara@czm-domzale.si





TOPIC: time management



Exploring how and with what our hours are filled throughout the day will be the central theme of this exchange. We will observe where our time is leaking, whether the time we spend is filled with quality activities, and if it includes everything we need—whether we have taken enough time for rest, mental health, and spending time in nature. We will touch upon creating an effective schedule, setting goals, and establishing priorities to make our lives as productive and flourishing as possible.

Your group will also organize one of the activities during the youth exchange. You will receive the title and guidelines for it in the month before the project.



VENUE



LOCATION AND ACCOMMODATION



The youth exchange will take place in hostel **Hiša na travniku** (meaning house in the meadow), located in a small village of Dob, near the capital city of Ljubljana.

Address: Ljubljanska cesta 1, 1233 Dob, Slovenia
<https://www.hisanatravniku.si/>

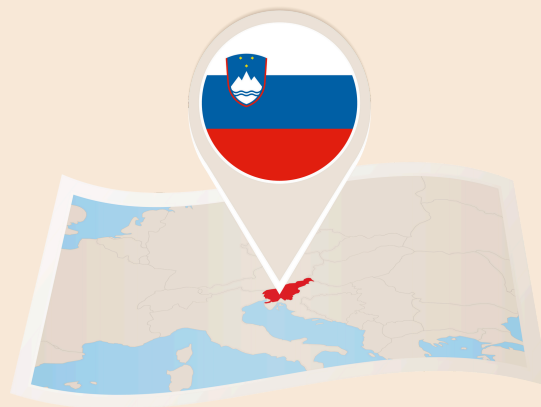
During your stay, you will be accommodated in rooms featuring multiple beds, complete with provided linen and towels. The hostel facilities include two shared bathrooms and showers, as well as a spacious communal area equipped with a kitchen and multiple tables.

This communal space will serve as our primary social hub, where we'll gather for indoor activities and enjoy coffee breaks to recharge.

FOOD: All the meals and coffee breaks will be provided by the organizers, with special considerations given to vegetarians and individuals with specific dietary requirements. If you wish, you can also bring some traditional food and drinks from your home countries - we'll have an intercultural dinner.



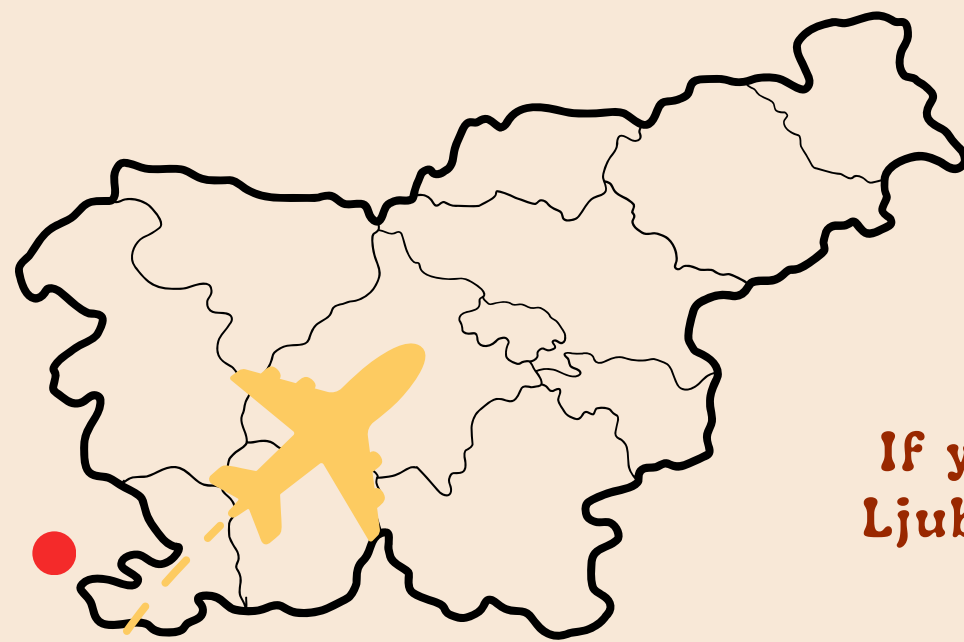
HOW TO GET TO THE VENUE?



The nearest airport to the venue is “Letališče Jožeta Pučnika Ljubljana”, Slovenia’s main airport. From there, you can catch a bus to Ljubljana and then transfer to another bus heading to Dob (station Dob pri Domžalah).

Alternatively, you can fly into nearby airports such as Venice, Zagreb, Trieste, or Graz.

For convenient airport transfer, consider using GoOpti <https://www.goopti.com/en>, which offers direct transportation from the airport to the venue (Ljubljanska cesta 1, 1233 Dob).



If you're traveling by FlixBus, train, or other buses, you'll arrive at Ljubljana's main station. From there, take a bus to Dob pri Domžalah station. Bus schedules can be found on <https://arriva.si/en/>.



REIMBURSEMENT

The youth exchange is funded through the Erasmus+ programme: this means that accommodation, food, materials, programme activities and travel costs (up to the amount indicated below) are fully covered.

ITALY 180€ / *210€ per participant

IRELAND 275€ / *320€ per participant

CYPRUS 360€ / 410€ per participant

*Green travel: travel that uses sustainable means of transport for at least 50% distance of the travel, such as bus, train or car-pooling.

Tool for calculating the distance:

<https://erasmus-plus.ec.europa.eu/resources-and-tools/distance-calculator>

INSURANCE

Do not forget to bring your **European Health Insurance Card**.
If you don't have one yet, please arrange it in advance.



PRACTICALITIES

Before making any reservations, please inform us about the prices, means of transport, and your estimated time of arrival at info@czm-domzale.si. When we confirm it, then you can book it.

Travel expenses will be reimbursed after receiving of all necessary documents, including:

Booking confirmation + invoice for flights

Boarding passes

Train/bus tickets

Goopti invoice

Remember to keep all your travel documents safe.

Partner organisations and participants

◆ Partner organisations:

- CENTER ZA MLADE DOMŽALE / CZM DOMŽALE (Slovenia)
- MAKE IT HAPPEN (Cyprus)
- PiGreco - SEMI di Intercultura (Italy)
- SWAN YOUTH SERVICE DUBLIN (Ireland)

◆ Participants:

Will come from 4 organisations which will come from 4 different countries.

Groups: 5 participants (age group 18-30 years) from every organisation + 1 youth leader (can be older).

Each participant is an active member of this youth exchange.

NOTE: Arriving earlier in Slovenia or departing later is possible for a maximum of 2 extra days. Keep in mind that we will not cover accommodation for extra nights.

If you have any questions, please
don't hesitate to contact us!

SEE YOU IN
SEPTEMBER :)



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